



Good Fathers Only
A Division of Encourage Me I'm Young (EMiY)
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About the Founder of Good Fathers Only

Good Fathers Only is a parenting support program for New and Seasoned Fathers. Sometimes, men need an outlet and support through troubling times including adjusting and re-adjusting to family life. Encourage Me I'm Young, Inc. will target soon-to-be Fathers and teach parenting skills to them before the child is born. This six-week program will be offered at a local community center or nonprofit organization and will be taught by Encourage Me I'm Young's President and CEO, Calvin Mann. Mr. Mann has academic qualifications but more importantly, actual life experience as a new Father when he was thrust into this role as a teenager. Mr. Mann now a "seasoned Father" with a child starting college, will teach Fathers attending this program about parenting skills in the areas of child growth and development, responsibilities of a man, interpersonal relationships, positive discipline, building a child's self-esteem and self-worth, and anger management/ conflict resolution.

Description:

Good Fathers Only is a tool to minister to the needs of fathers and grandfathers through our focus on healing and providing the skills needed to parent more effectively. Good Fathers seek shared parenting for the married, never-married, and/or divorced father. We are determined to form a support group to link up with other fathers to share concerns and frustrations, to find ideas for being a better dad in your circumstance, or just to make friends and create a network of people who can be a support to one another. Ultimately, by taking these steps we will rebuild and strengthen the family structure through improved communications with our mate, spouse, and the mother/ grandparent(s) of our children. Membership includes a GFO T-shirt, support group bi-weekly meetings, resources, and e-newsletter, Membership is a one-time \$45.

Objective:

The objective of Good Fathers Only is to provide support and resources to help to any dad who feels a need. Whether just for fathers in general, or for a father with a special need or circumstance, fathers' support groups can offer connectivity, ideas, and tools for any dad which includes personal responsibility, manhood, fatherhood, anger management, parenting skills, child support issues/ concerns, custody/visitation issues, and communication skills.

Who Should Attend?

Fathers of any age who are looking to understand relationships with their children, balance relationships with a mate or spouse, learn more about child support issues and father's rights, improve and/or add new parenting skills, and find out where to go for help when you really need it.

What Will Be Covered?

If you were to ask some fathers about why they began to participate in a support group, you'll get a variety of answers. They usually focus around networking, learning new tools, or seeking help when things get out of control. Ever feel a little isolated as a father? Do the guys at work or in the neighborhood not fit your idea of a good dad? Feel a need for a little supportive companionship? Or

do you feel unique as a father because of some circumstance, like being a stay at home dad, a gay dad, or a widowed dad? Then you may want to consider affiliating with a fathers' support group.

Focus areas include:

- Problem solving and handling change
- Dealing with anger, pain, depression or loss
- Overcoming barriers to positive parenting
- Discipline and child development
- Career and family balance
- Making a new home for your new family
- Alcohol and drugs
- Love and sex

Facilitator

Calvin Mann's unique talent and passionate disposition has fuelled his rise as a motivational national designer for one of the most inspired upcoming fashion brands. In 2002, he created ***Encourage Me I'm Young***. Two years later, he created "Good Father's Only", his trademark confidence and conviction, and has brought a powerful point-of-view to the industry's new market place. By reinterpreting iconic elements from Basketball, such as the "Teamwork" life experience, and imagery, he has infused a rich heritage with new energy and modern appeal. His fresh and joyous vision combined with his savvy interpretation of the need for encouraging wear has delighted fashion followers around the nation.

Mann approaches his life as passionately as he does work. His humor, intelligence and fine-tuned artistic instincts shine through all of his designs. He has the same appreciation for a championship victory as he does for a new beam David Bowie album cover. Through his frequent travels he constantly expands his range of inspirations and cultural experiences. His well-rounded lifestyle makes him appreciate the needs of the modern man, woman and child. He balances the demands of a brilliant career with the laughter and intimacy of family and friends. Crediting his warm and optimistic personality to the sunny way of life, Mann is a true personification of ***Encouraging style***. Like the brand he designs for, Mann has chosen to base in Michigan both his professional and private life. He works in the **EMİY** offices in the town and resides with his family in the city.



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Member Application Form

Please print.

Date: _____

Name: _____

Birth Date: _____

Address: _____ City/Zip _____

Home Phone: _____ Mobile: _____

Email: _____

My Personal Status

Check all that apply.

Single Parent raising my kid(s) Married Married with kid(s) Divorced

Young Father (13 – 19) New Father (19 – 26) Seasoned Father (27+)

What contributions do you feel you can make to the group? _____

What resources or information to you need to help in your current situation?

Ways to Give Back to My Family and Community

Check all that apply.

I am interested in coaching a basketball team. I am interested in assisting in organizing a team.

I am interested in working 1-on-1 or in small groups. I am interested in tutoring you

Other: _____

I currently have a child/children enrolled in an EMIIY program or event. List program(s) or event(s).

Availability

Day(s) and time(s) available? _____

Certification

Please accept my application and \$45. membership fee as an official member of Good Fathers Only.

Signature

Date